

# Talking About Epicurus With Someone Who Is A Stoic (Or Of Some Other Anti-Epicurean Philosophy)

**Post by “Cassius” of January 7, 2022 at 5:37 PM**

Reading what you are saying I think these are examples of how important it is to really wrestle with that question "why.". It seems hard for many people to even ask that question about their most basic motivations. They presume for some reason that it is self evident that "being a good person" is a right answer, or if they ask (as we discuss in this week's podcast) about how to be "the best they can be" they really have no framework for analyzing what that " best" means.

That is why I think religion and even the humanist philosophies are more obstacle than help - they don't have a framework for considering and challenging questions about "why".