

Welcome Godfrey!

Post by “Godfrey” of December 7, 2018 at 9:28 PM

Hello! I come to Epicurus by way of Zen and the Stoics.... I've got no formal education in philosophy. As a way to learn to meditate, I attended a Zen sitting group for several years. Eventually I began hunting for a Western philosophy and came across the Stoics. The more I looked in to Stoicism, the more dissatisfied I was with it: it has a complete system, but most practitioners seem to pitch Physics and Logic and reduce the system to nothing but Ethics and some practices. I discovered Epicurus while reading Cicero's On The Nature of the Gods. Finally, here is something that makes sense to a Westerner and is a complete philosophy (well, what remains of the writings at least). It really resonates with me; I've been dabbling, reading, trying it out in my life for a year or so.

This forum is the best thing that I've found in terms of an Epicurean community (I don't do Facebook...). Lots of great info, and it seems to be fairly active and growing. After checking in periodically for a few months, I decided to take the dive and join in! I've been working on a tentative outline and hopefully I'll get it posted before too long.

Cassius and Hiram, thanks for all you've been doing to spread the word!