

# In Defense of Desire and How to Enjoy It

**Post by “smoothiekiwi” of January 7, 2022 at 5:41 AM**

I actually absolutely agree! Although as far as I understand, Aristotle didn't call for the „golden mean“ either.

At least I understand moderation as something between the extremes, because (in a truly dogmatic fashion) I think that extremes most often aren't the best choice in a given situation. So thanks for the comment, I removed the quotes 😊