

# Proselytising and pleasure: compatible?

Post by "Cassius" of January 6, 2022 at 5:04 PM

[Quote from smoothiekiwi](#)

A major part of my rejection of Buddhism is that I believe that sometimes, it's a good thing to endure some pain

I don't have much experience on that myself, but I can guarantee you that you and a large number of others here at the forum who have taken a detour through Buddhism can "commune" on that topic at extreme length! 😊

(Not sure what the "cute" term for the Buddhist practice would be but I bet there is one. )