

Dopamine Nation by Dr. Anna Lembke

Post by “Don” of January 5, 2022 at 8:46 PM

Alternate translation:

Moreover, there is death, the stone of Tantalus ever hanging over men's heads; and superstition, that poisons and destroys all peace of mind. Besides, they do not recollect their past nor enjoy their present blessings; they merely look forward to those of the future, and as these are of necessity uncertain, they are consumed with agony and terror; and the climax of their torment is when they perceive too late that all their dreams of wealth or station, power or fame, have come to nothing. For they never attain any of the pleasures, the hope of which inspired them to undergo all their arduous toils.

[LacusCurtius • Cicero — De Finibus, Book I](#)