

# **Dopamine Nation by Dr. Anna Lembke**

**Post by “Cassius” of January 5, 2022 at 3:39 PM**

Well what you are saying there is that the desire for anything other than pleasure itself is just a means to something else, but again power, money, and fame do all have their legitimate uses , I would argue, even under the strictest Epicurean analysis.

You can say that the desire for UNLIMITED amounts of those things are "empty" as impossible to obtain, but if t hat is what you are saying then to be clear you are saying that it is the UNLIMITED aspect which is impossible to attain and therefore "vain" "delusive" or "whatever words you'd like to use.

But none of that is self-explanatory just by using the word "empty"