

# Dopamine Nation by Dr. Anna Lembke

Post by "Cassius" of January 5, 2022 at 10:49 AM

## [Quote from Don](#)

Possibly a more apt metaphor is the old Western movie set where there appears to be a main street of the town, but it's only a line of facades. The facades may be indistinguishable from actual buildings, but walk through them and you're in the desert. There's nothing there. I

Yes that is probably a better analogy, but not one that I would associate with the word "empty." There IS something there, the false front is there.

I don't say that to be disagreeable, though, but only to emphasize the height that will be necessary to climb. 😊

Carry on as I am looking forward to this! That's what "gods among men" are supposed to do - talk about things like this!