

Dopamine Nation by Dr. Anna Lembke

Post by "Cassius" of January 5, 2022 at 7:42 AM

[Quote from Don](#)

calls out the "empty" desires

Have you done a deep dive on the etymology of the "empty" word? i find that word very empty of meaning and i wonder if we have it right or could do a better job explaining it.

"Vain" is a little better but still needs explanation as well, I would think.