

# **Dopamine Nation by Dr. Anna Lembke**

**Post by "Cassius" of January 4, 2022 at 10:45 AM**

The general topic of the relationship of philosophy to real life is something we need some hard-hitting material on that we feature on the website early in everyone's attention-span.

I think our bottom line through Epicurus is that it is not logic or reasoning at all, but "feeling" that gives meaning to life. So in the end we DON'T look to some logical construct for all the answers, we look to a natural mechanism.

But on the other hand, we can't conceptualize a feeling (other than words like pleasure and pain) and those general words leave the "mind" unsatisfied when we try to defend or state our positions using general words describing feelings and emotions.

We have to therefore come to terms with exactly what Epicurean philosophy (or any philosophy) is and can do, and what it can't.

I think I am going to work on a presentation to make on that topic but it keeps coming up over and over so is appropriate here.

In Don's post it's a subtext -- how does "philosophy" work together with the observational science as to how the atoms and void are actually rolling around. We need to have a confident position on how these work together so that we're not implicitly apologizing for the lack of clarity every time we talk about it. BOTH have their roles but I don't think we've made it clear enough how they work together.