

Episode One Hundred Two - Corollaries to the Doctrines - Part Two

Post by "Kalosyni" of January 3, 2022 at 2:38 PM

I just finished listening to the podcast...enjoyed it hearing many of the ideas presented, even though there were some hard topics presented (the torture description which I had never heard of before).

It seems to me that this podcast points to tranquil pleasures as being very important.

[Quote from Cassius](#)

"We refuse to believe, however, that when pleasure is removed, grief instantly ensues, excepting when perchance pain has taken the place of the pleasure; but we think on the contrary that we experience joy on the passing away of pains, even though none of that kind of pleasure which stirs the senses has taken their place; and from this it may be understood how great a pleasure it is to be without pain." --Cicero, paragraph #56

This explains the importance of absence of pain in Epicureanism.

And there was a comment about Cyrenaics...didn't take notes, so can't restate the exact quote. Instead, I will give this description from Wikipedia:

Quote

"The Cyrenaics taught that the only intrinsic good is pleasure, which meant not just the absence of pain (as it did for [Epicurus](#)), but positively enjoyable sensations. Of these, momentary pleasures, especially physical ones, are stronger than those of anticipation or memory. They did, however, recognize the value of social obligation and that pleasure could be gained from [altruistic](#) behaviour. The school died out within a century and was replaced by the philosophy of [Epicureanism](#)."

I just feels like there is so much in common between the two schools. Because even mental pleasures of anticipation or memory exists "in time" and so has a momentary quality.

It is possible that my own belief leans more toward the Cyrenaics. Memory might become more important for me if I grow old and infirm. But for now I both need and want to "indulge" in pleasurable activity...and I choose healthy activities that don't bring pain or problems.