

# Essentialism?

**Post by “Cassius” of January 3, 2022 at 8:27 AM**

Yes "idealism" is used in English. I have seen "essentialism" used in philosophy writing as well.

I gather the two terms are closely related. I may be wrong but I gather "essentialism" is more associated with Aristotle and idealism with Plato, both as their theories for how to approach the issue of the existence (or not) or "universals."