

# Episode Ninety-Seven - The Virtues as Instrumental For Pleasure: Temperance and Courage

Post by “Kalosyni” of December 10, 2021 at 12:41 PM

[Quote from Don](#)

I don't find "temperance" in Epicurus's writings. Is it mentioned anywhere other than by "Torquatus"?

It is implied by this:

"And Diocles, in the third book of his Overview, says that they all lived in the most simple and economical manner; "They were content," says he, "with a small cup of light wine, and all the rest of their drink was water." -- Diogenes Laertius : Life of Epicurus