

Episode Ninety-Seven - The Virtues as Instrumental For Pleasure: Temperance and Courage

Post by "Don" of December 8, 2021 at 7:25 PM

The qualities of the sweet life in the PDs and the letter to Menoikeus are:

φρονίμως καὶ καλῶς καὶ δικαίως

wisely

nobly

justly

If someone sees temperance, let me know.

I think this also dovetails with what I *think* [Kalosyni](#) was saying about wisdom and making wise decisions. The ability to make wise choices is basically part of self-control which is potentially more helpful than being "moderate"...?