

# Why Tranquility Should Not Be the Main Goal for an Epicurean

Post by “Cassius” of December 6, 2021 at 6:40 AM

[Quote from JJElbert](#)

But minds are imperfect, and memory is frail---so that a certain degree of 'regular maintenance' is necessary to keep one's philosophy on a right heading

Yes that is true and in addition even the best minds and memories are influenced by our surroundings - the Epicurean material on images stresses that. So that when we are surrounded by antiEpicurean images every day, as most of us are, we have to take steps to inoculate ourselves from their influence.

I don't like always sounding the "call to battle" alarm but I think it is clear that such a conflict is constantly going on whether we acknowledge it or not. Unless we find a desert island and live without TV and internet that's unlikely to change.

It appears even the [Epicurean gods](#) werent unchanging as the basis of their deathlessness but that they found the power to replace their own makeup from the flow of atoms - a useful analogy for us I think (Joshua's "regular maintenance").