

# Why Tranquility Should Not Be the Main Goal for an Epicurean

Post by “Martin” of December 5, 2021 at 9:51 PM

## Quote

A question that comes up for me lately is, at what point does an Epicurean say: "I've studied the teachings and I've learned the teachings, now I will simply just live the teachings." Yet, one would not feel fully contented until one as established the fundamental material attributes underlying the Epicurean lifestyle.

After having studied "enough", the confidence that our intuition and the philosophy match comes up as an inner sensation. If pleasurable, we can keep delving into ever more details but there is no need to do so. This is similar to science: Once we have studied enough science to reach the confidence in an exclusively material world, there is no more need to study more science unless we need specific knowledge for a hedonic calculus. However, if science gives us great pleasure, we may choose it as our main hobby or profession and thereby spend a large part of our life studying or contributing to science.

While reading more Epicurean texts and contributing to the forum is pleasurable for me, I spend most of my free time on other pleasures and on preparations for other pleasures.