

An Epicurean Christmas

Post by “Kalosyni” of December 5, 2021 at 1:20 PM

There is the enjoyment of procuring/creating all the sensory delights of the season, and for the enjoyable feelings of anticipation as the holiday celebrations near -- this for me was especially so back when I was married. My ex and I would go to his family of origin (his mom, siblings, nieces and nephews). It was always a very festive Christmas overflowing with abundance. And I have the fun memory of everyone sipping wine, laughing and playing "Apples to Apples" game.

It does seem that every holiday season causes me take stock regarding the kinds of friendships and emotional connections I have in my life. This year I find that I need to focus my mind more on the pleasures of making my living space cosy, rather than on emotional connections (it's complicated for me right now, because I am in an uncommitted "situationship").

This year I am going to fulfill my wish of making a gingerbread house, all from scratch, so it will be good and tasty enough to eat on Christmas day.