

Why Tranquility Should Not Be the Main Goal for an Epicurean

Post by “Don” of December 4, 2021 at 3:22 PM

For me, I want a philosophy of life to put into practice, and that's what I'm finding steadily more and more with Epicurus's philosophy. Something to use as a measure against which to weigh life decisions. There aren't commandments, but there are "have you considered this?" elements.

That's one of the things that drew me first to Buddhism: Buddha's teaching that "Don't take my word for it. Test what I've taught. If it works, do it. If not, throw it away." The trappings and supernatural components (ex., rebirth) steered me away.

I have found Epicureanism an eminently practical perspective rooted in the material world that gives direction to one's path thru life.

And this virtual Garden has been a big component of coming to these realizations.

Ευχαριστώ! I give thanks to all those fellow travelers in the Garden Path.