

# Welcome BoyH0wdy!

**Post by "Scott" of December 4, 2021 at 10:44 AM**

Cassius, I *totally* agree on bringing up Buddhism and other philosophy in here *only* when and as needed in order to clarify ideas or questions about Epicureanism. I'm certainly not planning on dragging in all my personal baggage just so everyone can wade through it. My plan in fact will be to not say much *at all* in here at first, but instead focus on digesting the content in this site and significant items referenced from this site, giving reasonable diligence to learning what I can from that existing material before firing off questions or thoughts! I want to avoid unhelpful duplication of concepts already clarified in the discussions and provided documents. This site has a clear focus and I like that. Now I must get busy reading! 😊