

# Welcome BoyH0wdy!

**Post by “Cassius” of December 4, 2021 at 6:28 AM**

Glad to have you BoyH0wdy.

I have lost track of the number of people here who have gone down the Buddhist road, so that is definitely common. So many, in fact, that we probably ought to have a special "How to discuss your Buddhist background on EpicureanFriends" post. 😊

Such a post would probably include something like:

*A steady stream of "Epicurus' idea of XXX is a lot like Buddhist ideas of YYY" posts isn't particularly helpful to the goal of the group, since our frank purpose here isn't to display our ability to be eclectic, but to focus on Epicurus with more of a "contrast" than "compare" mindset. But just as discussion of "Epicurus differs from Stoicism in XXX way" is a common and helpful theme here, so posts which discuss "Epicurus differs from Buddhism in XXX way" is also very helpful.*

The main reason you don't see those posts from me is that I have no Buddhist background and therefore no strength in writing them, but you'll see a good number of those and if you have similar thoughts please add to the list.

But anyway that is hardly our focus. It's much more interesting to hear general comments from people as they read through Epicurus for the first time, and I think the ability for new people to discuss those reactions with other people who have a greater depth of background is one of the real strengths of our group.

Looking forward to hearing more from you.