

Why Tranquility Should Not Be the Main Goal for an Epicurean

Post by "Don" of November 30, 2021 at 9:58 PM

[Quote from Nate](#)

Algon seems to describe all forms of pain, both physical and psychological. Lypoumen, on the other hand, is almost exclusively used to describe mental anguish. Several times, Epicurus has to preface the word algon with sarks, meaning "flesh" or "body" to distinguish the physical nature of algon because there is no word for "just physical pain". Algon, by itself, is not enough to indicate the quality of the pain. Overwhelmingly, Epicurus uses the word algon, by itself, without distinguishing whether the Pain is mental or physical.



Excellent insights!

For anyone curious:

αλγος (algos (noun) > algon particle "feeling pain, suffering")

[Henry George Liddell, Robert Scott, A Greek-English Lexicon, ἄλγος](#)

λυπεω <http://www.perseus.tufts.edu/hopper/text?do...57:entry=lupe/w>

Neither distinguishes bodily or mental specifically as Nate noted!

And I've found some of the connotations of σαρξ sarx interesting especially "the *physical* or *natural order* of things, opp. the spiritual or supernatural"

[Henry George Liddell, Robert Scott, A Greek-English Lexicon, σάρξ](#)

I'm really looking forward to reading your linguistic exploration of the PDs!