

# Why Tranquility Should Not Be the Main Goal for an Epicurean

Post by “Joshua” of November 30, 2021 at 10:00 AM

Quote

To deny any of these comforts is to neglect the needs of the body and dull the very sensory mechanisms that allowed us to understand dis-ease in the first place.

The *needs* of the body, but also the *claims* of the body, in so far as they do not bring too much trouble to relieve or fulfill. Dwelling too much on the needs of the body gets us only so far as Buddhism, and does not do justice to the full measure of the life of pleasure that awaits us.

Thank you for the etymology, [Eikadistes](#) !