

Why Tranquility Should Not Be the Main Goal for an Epicurean

Post by “Don” of November 29, 2021 at 9:30 PM

I haven't read the whole paper yet, but this part sounds better than others I've seen (emphasis added):

*Epicurus argued that happiness will consist in both tranquility and aponia. Thus **tranquillity**, for Epicurus, **is the state of mind of the happy person, a part of happiness, but not happiness itself.***