

# On Malte Hossenfelder's book "Epikur"

Post by "Don" of November 14, 2021 at 12:56 PM

[Quote from JJElbert](#)

I would agree that ataraxia is not equal to pleasure, and I would formulate it like this; pleasure is a class of experiences (feelings?), and "peace of mind" is a species within that class.

I like that characterization!

I think we're also going up against the part of the Canon which are the "feelings" of pleasure vs pain, and the ways we experience pleasurable feelings like (ataraxia) tranquility; (euphrosyne) joy, pleasant sights, smells, etc; and eating a sandwich.

These two are intimately connected, but there not identical I don't think.