

On Malte Hossenfelder's book "Epikur"

Post by "Don" of November 13, 2021 at 10:05 AM

[Quote from Cassius](#)

What I plainly read in their material is that they are equating the particular experience of "calmness" or "tranquility to be the apex of human life and the goal of every human being. And to that I say "hogwash."

I would concur with that. I would just add that having a sense of tranquility allows one to be more open to pleasure and to be better able to make decisions on what desires to choose and which to flee from. But it's not the goal or apex.

[Quote from Cassius](#)

That is not the way the gods are described as spending their time,

How are the gods described as spending their time? I was digging around but couldn't find what I was looking for. Is that in Cicero's writings?

[Quote from Torquatus - Cicero](#)

Let us imagine an individual in the enjoyment of pleasures great, numerous and constant, both mental and bodily, with no pain to thwart or threaten them;

I'll split hairs here. I would say ataraxia and aponia are two of the "pleasures great, numerous and constant, both mental and bodily." The "with no pain to thwart or threaten them" is simply a description of the condition of that life. Don't equate the "no pain" with those two pleasures. When there is no trouble or pain, we feel the positive pleasurable experience of ataraxia and aponia.