

On Malte Hossenfelder's book "Epikur"

Post by "Martin" of November 13, 2021 at 3:58 AM

Piece of mind is pleasurable, should preferably be there when we go for the next exciting kind of pleasure, and should preferably be there when we are exhausted from that exciting pleasure later on. We might recede to a cave with a stock of bread and water at that time but if we stay there for a longer time than what we need for rest or meditation, pain in the form of boredom will come up.