

# How to live in the moment

**Post by “Joshua” of October 27, 2021 at 6:36 PM**

I haven't listened yet, but my gut response is something like John Mulaney here at the 1:40 mark:

<https://m.youtube.com/watch?v=pIVZpzvduZ4>

But I suspect that my time as a near-Buddhist has colored my perception! I'll put that one in the hopper.