

Multiple Components Comprise the Epicurean Life

Post by "Don" of October 22, 2021 at 6:14 AM

Decades ago (literally), I remember thinking (and I'm sure it's not original to me) that "the meaning of life is a *verb*, not a noun." Life is meant to be *lived*.

Now I think, Epicurus's philosophy is that life is meant to be lived *pleasurably*. Our life's path points to pleasure as our North Star. It is the destination. Along the way there will be obstacles, taking our path along circuitous routes to that goal, some painful and tortuous. But we keep our eyes on the North Star to guide us in the right direction.