

# Multiple Components Comprise the Epicurean Life

Post by “Don” of October 21, 2021 at 10:11 PM

## [Quote from Kalosyni](#)

"Let no one put off the love and practice of wisdom [note] when young, nor grow tired of it when old."

Yep, because the practice of philosophy "the love and practice of wisdom" leads to living pleurably (also translated sweetly, joyously).

## [Quote from Kalosyni](#)

"Practical wisdom is the foundation of all these things and is the greatest good. Thus practical wisdom is more valuable than philosophy and is the source of every other excellence [note], teaching us that it is not possible to live joyously without also living wisely and beautifully and rightly, nor to live wisely and beautifully and rightly without living joyously. [note] For the excellences grow up together with the pleasant life, and the pleasant life is inseparable from them."

The context is important here, too. In the lines directly before this, Epicurus is writing about not endorsing the pleasures of the profligate and making decisions that will lead to a pleasurable life. Practical wisdom - phronesis - is essential for making those decisions on what desires to choose and which to reject to pursue a pleasurable life. The pleasurable life is "inseparable from them" precisely because they are instrumental to the highest good.