

# Multiple Components Comprise the Epicurean Life

Post by “Don” of October 21, 2021 at 8:49 PM

I would agree that there are multiple *pleasures* and multiple *components* that lead to a pleasurable life.

Saying "pleasure is the highest good" doesn't mean it's the "best good thing among rivals." It means it's the good thing toward which every other rival points. It's at the apex of possible candidates for all good things. That doesn't mean prudence isn't good. We practice prudence and justice and virtue because they *lead* to pleasure. They are instrumental goods to leading a pleasurable life, which is the highest good.

I'll dig up my translation of the Letter and respond to your excerpts asap.