

An Epicurean Understanding of Pleasure

Post by “Don” of October 8, 2021 at 11:03 AM

[Quote from Cassius](#)

I agree with this, but probably more is needed to define what desire really is.

The word Epicurus uses when talking about natural, necessary, etc is επιθυμία epithymia:

[Henry George Liddell, Robert Scott, A Greek-English Lexicon, ἐπιθυ_μ_ία](#)

I'll admit I have only the barest knowledge of Nietzsche's philosophy.

Using Epicurus's method of using what the generally-accepted definition of a word is, I'd offer that a "desire" is a mental concept sensing a need for some thing one does not currently have or for an experience one is not currently undergoing. One senses a lack or void that one feels needs to be filled. Whether one fills that sensed need is the crux of making choices and rejections.