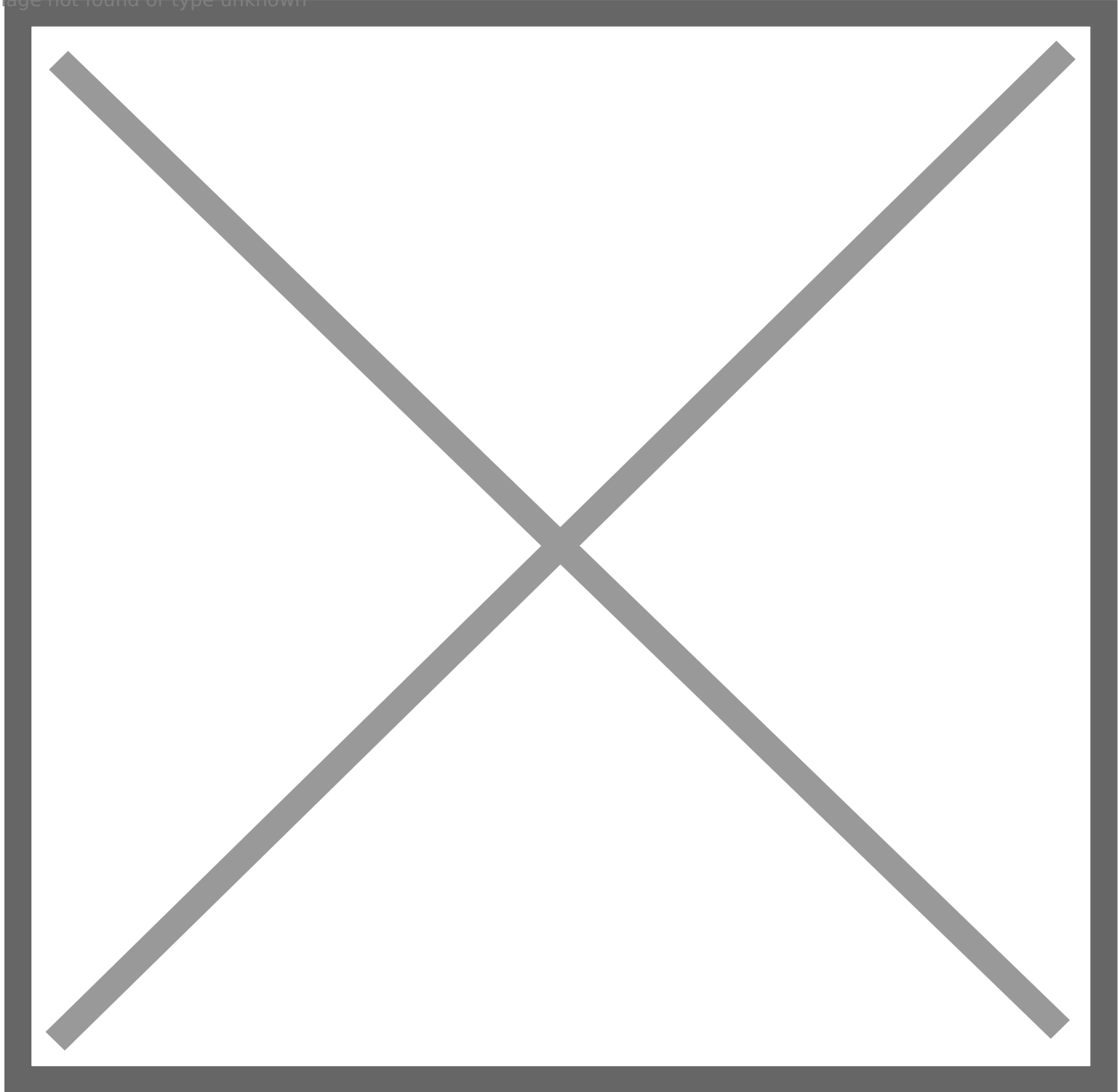


# Thoughts on Reverence, Awe, and Epicurean Piety

Post by "Don" of October 4, 2021 at 7:52 AM

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[The wonder stuff: what I learned about happiness from a month of 'awe walks'](#)

Feeling down? You need to experience more awe, psychologists say. So I set off every day to explore my local area, leaving my phone behind  
[www.theguardian.com](http://www.theguardian.com)

I realize this is an old thread, but this opinion piece on Keltner's research was intriguing enough to share. This seemed an appropriate place to put it.

<https://www.epicureanfriends.com/thread/1745-thoughts-on-reverence-awe-and-epicurean-piety/?postID=14124#post14124>