

Welcome Patrick!

Post by "Cassius" of September 30, 2021 at 4:45 AM

After reading these comments the only other thing I can think to add is that one thing about Epicurus that really stands out is the concept of limits. I think Epicurus would be among the first to remind you that you should not attempt to stretch philosophy beyond its own limits. Conditions that are essentially medical rather than philosophical need medical treatment.

This is an area where I would especially fault the Stoics:. They seem to argue that everything is subject to "mind over matter" and that if you simply "will" it hard enough any issue can be overcome mentally. That is simply not true and is a very damaging approach. Epicurus always points to using your senses and "true reasoning" to get to the bottom of all issues to confront them.

Many issues cannot be dealt with "alone" and require help from others, whether they be friends or doctors or people of many other specialties - including, but not limited to, philosophy.

Medical issues must be treated medically, so please be sure you get all the help you need from all the appropriate places.