

# Stoicism 101 on 10% Happier podcast

Post by "Cassius" of September 28, 2021 at 3:39 PM

I got cut off and didn't really finish the last post.

## [Quote from Don](#)

Epicurus's Garden sets the paradigm for Epicurean communities in that they are/should welcome all. Having a sectarian (in any form) group goes against the ecumenical, open, welcoming nature of the original Gardens.

I'm not really disagreeing with that as much as drilling down on the details. Just like over at the Facebook group, and even more so here, we do have rules about who and who isn't welcome, primarily related to the fact that if we're going to do our job / reach our target we can't allow constant disruptions and monopolizing of time or resources by people who are committed to opposing viewpoints. There's no evidence I am aware of that Epicurus or any other Epicurean group ever had "Stoic Week" or invited opposing groups into their homes for regular debating either.

A worldwide forum like this can and should, I think, have virtually no limitations other than those of doctrine such as referenced above. However I don't know that we can predict how local groups will develop in the future, and I would expect them to spring up based on location as much as anything else.

I think the interesting point you're raising is probably more a question of what the purpose of the group we're talking about would be. I agree that an "Epicurean Group" would first and foremost focus on Epicurus, so I'm probably being too broad in my language in that post you questioned. The context of discussing how stoicism has been brought into the "manosphere" groups also had me thinking about that. An "Epicurean Philosophy Night" at a local men's or women's club or children's club is probably more consistent with what I was thinking rather than something named and focused the other way around. Good catch.