

Let's explore and reclaim pleasure

Post by “Don” of September 26, 2021 at 2:29 PM

For me, pleasure encompasses a wide spectrum:

- Walking in the woods and admiring the sun shining through the leaves.
- Looking up at the sky, eyes closed, and feeling the warmth of the sun on my face.
- Partaking in lively conversation.
- Finding an old book on the shelves at the library and feeling the imprint of the printing plates on the page.
- Losing myself in reading or working on a translation.

Pleasure can be big and all-encompassing, or small and intimate, shared or solitary.

Those are my initial thoughts.

Thanks for starting this thread, [Kalosyni](#) !