

Autarkia And Epicurean Living In The Modern World

Post by "Don" of September 21, 2021 at 7:39 PM

[Macario](#) , thank you very much for those additional excerpts! That's very helpful.

[Quote from Macario](#)

In the end, it seems to me that the aspects of contentment with what one have and the idea of economic self-sufficiency are both connected to the concept of autarkeia in Epicurus

I am coming to the same conclusion.

I'm not sure I completely concur with your "equation" interpretations, but I believe I can see where you're coming from in those.

I do think that Epicurus taught that we it was necessary to have our basic existential needs taken care of - somewhat like [the base of the pyramid of Maslow's Hierarchy of Needs](#) - before we can live a pleasurable life, but I don't think he thought that was sufficient especially since he places such an emphasis on friendship.

I'll continue to cogitate on this and share any thoughts on this thread.

Thank you again for engaging!