

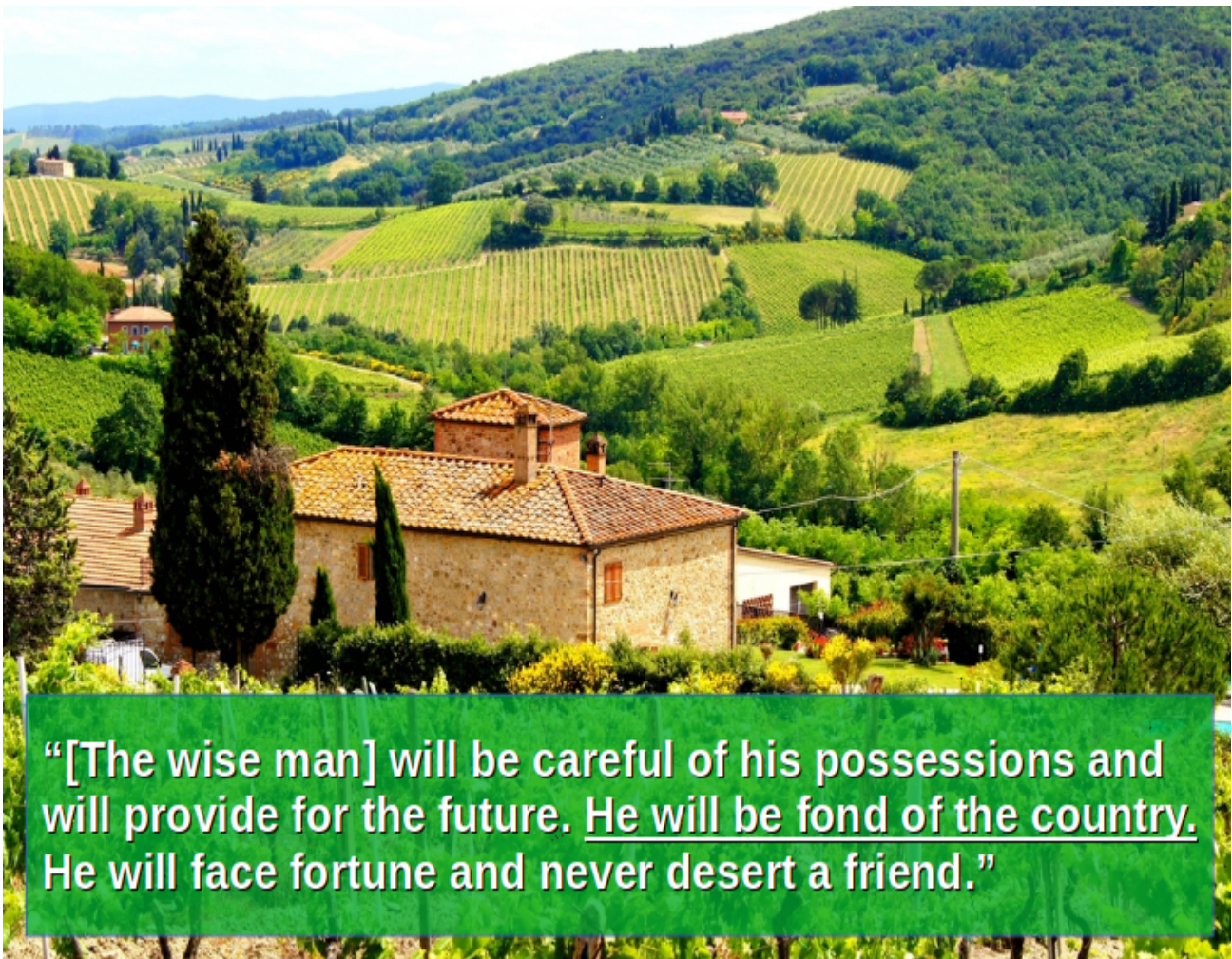
# **New Subforum: Epicurean Advice On Living Independently / Self-Reliantly / Simply / In the Country**

**Post by “Cassius” of October 1, 2018 at 9:29 AM**

Epicureans in the ancient world lived through the complete collapse of their societies, and it is possible that we today are seeing the same thing. What does Epicurean philosophy have to say about how to deal with challenges to our societal structures? We frequently have new people ask questions like this: "I'm particularly interested in Epicurean ways of homesteading, as I am looking to leave the city for a more simple country life."

The first thing to remember is that according to Epicurus simple living (like virtue) is not an end in itself, but a tool in the pursuit of pleasure. But it's also clear that simplicity, independence, and self reliance are generally going to be critically important in sustaining a life of pleasure, and Diogenes Laertius recorded that Epicurus said specifically that the wise man will be "fond of the country."

Do any of our group members have personal experience in leaving the city for the country? We can discuss general issues of simple living, independence, self-reliance, etc., in this thread too, as they probably go hand in hand with the main topic.



“[The wise man] will be careful of his possessions and will provide for the future. He will be fond of the country. He will face fortune and never desert a friend.”