

Autarkia And Epicurean Living In The Modern World

Post by “Don” of September 17, 2021 at 8:15 PM

I also apologize, [Macario](#) , but I should have directly responded to the DeWitt quoted passages. I'll try to do that over the weekend. I did see that this line:

Quote from DeWitt

To Epicurus the simple life meant contentment with little and this was called self-sufficiency, which in turn meant freedom: “Of self-sufficiency the most precious fruit is freedom.”

seems to convey to me the idea of contentment in relation to αὐτάρκεια.

Thank you again for engaging in this conversation. I know it's been valuable for me so far to get me to delve into this topic.