

PD24 - Alternate Translations

Post by “Don” of September 9, 2021 at 8:38 AM

That's the point: We don't "think" about it. It's not "Well, I'm experiencing fear now." Your brain takes in all its sensory input, compares it to past experiences, and pairs this input with a "concept" of "fear." The process is entirely pre-rational. You can look at your fear post facto and realize that wasn't a snake, just a branch on the ground.

This is how people become over sensitive to certain stimuli and jump at everything. Their brains become conditioned to see threats around every corner. Everything is paired with their "fear concept."

Her and others' research showed that those photos of paradigmatic "emotions" we can "read on people's faces" are without merit. Those paradigms do not exist. So I would be careful with phrases like " all animals and all humans appear to share" especially when it comes to anthropomorphizing animals.

[Godfrey](#) is welcomed to fact check me in my interpretation here! It's been awhile since I read the book now.