

# Various ideas of happiness

**Post by "Cassius" of August 13, 2021 at 10:31 AM**

Ok well are we seeing it the same way that he is saying that "good" must be identified with a sensation / feeling, and is not something that can be defined in terms of a particular set of abstract ideas?

I acknowledge that "the good can only be defined in terms of particular sensations / feelings" is itself an abstract sentence, but I think we'd be able to agree that it's about the closest thing you can get to saying something like "Don't look for a definition of "the highest good" (or "the good") - look in yourself for the strongest pleasurable feelings you can experience having."

What say you to that Sir Don?