

## Practical exercises: PD4

Post by “Don” of July 13, 2021 at 9:56 PM

### [Quote from Godfrey](#)

For me, PD4 becomes becomes clearer when not separated from PD3.

It is important to remember that there are no numbers in Diogenes Laertius' section containing the [Principal Doctrines](#). That numbering is only convention.

### [Quote from Godfrey](#)

Practically speaking, I think that we pursue pleasure in the realm of individual, sequential choices and avoidances and that PD4 is addressing this while the removal of all pain in PD3 is a pleasantly abstract ideal.

Just be careful using those last two words. 😊 There's some round these parts with a strong reaction to the phrase "abstract ideal." But I think I know where you're coming from.

Food for thought! Thanks!