

Would There Be Benefit In Adapting the "Benjamin Franklin Journaling Model" To Our Discussion of Practical Exercises?

Post by "Godfrey" of July 11, 2021 at 1:36 AM

To me, there should be better words for frugality and tranquility, based on previous forum discussions. I understand what you're saying though, [Don](#) .

I would add prudence, friendship and gratitude to the list. I think prudence could replace frugality....

As for PD5, prudence (or wisdom) and justice are pretty clear but I'm not sure what to make of "honor." It seems like there may be a better word for that. Maybe "honesty?" It's obviously a good thing to live honorably, at least the way I understand it in the context of PD5. But it could be interpreted in terms of "honor culture" which I think is the opposite of what is Instrumental to pleasure.

<http://psychology.iresearchnet.com/social-psychol...lture-of-honor/>