

Draft Your Own Personal Outline of Epicurean Philosophy

Post by "Cassius" of June 14, 2021 at 7:30 AM

[This may be repetitive and should be deleted - just parking it here temporarily] Here is the advice of Thomas Jefferson on living an active Epicurean life:

"I take the liberty of observing that you are not a true disciple of our master Epicurus in indulging the indolence to which you say you are yielding. One of his canons, you know, was that "that indulgence which prevents a greater pleasure, or produces a greater pain, is to be avoided." Your love of repose will lead, in its progress, to a suspension of healthy exercise, a relaxation of mind, an indifference to everything around you, and finally to a debility of body, and hebetude of mind, the farthest of all things from the happiness which the well-regulated indulgences of Epicurus ensure; fortitude, you know is one of his four cardinal virtues. That teaches us to meet and surmount difficulties; not to fly from them, like cowards; and to fly, too, in vain, for they will meet and arrest us at every turn of our road. Weigh this matter well; brace yourself up." - Thomas Jefferson to William Short, October 31, 1819.

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FOLLOW THE EXAMPLE OF
THOMAS JEFFERSON
AND DRAFT YOUR OWN
PERSONAL OUTLINE OF
EPICUREAN PHILOSOPHY

1: The Nature of the Universe
A - -----
B - -----

2: The Nature of Knowledge
A - -----
B - -----

3: The Nature of Living Well
A - -----
B - -----

Here's How: www.NewEpicurean.com/personaloutline

Understanding

[Epicurus' Letter to Herodotus](#): "Those who have made some advance in the survey of the

entire system ought to fix in their minds under the principal headings an elementary outline of the whole treatment of the subject. For a comprehensive view is often required, the details but seldom. ... For it is impossible to gather up the results of continuous diligent study of the entirety of things unless we can embrace in short formulas and hold in mind all that might have been accurately expressed even to the minutest detail."

[Thomas Jefferson wrote in a private letter "I too am an Epicurean" and drafted his own outline of Epicurean philosophy. If you'd like to see what Jefferson wrote, and get help in drafting your own, click here.](#)