

# Welcome Knittymom!

**Post by “knittymom” of June 21, 2018 at 10:16 AM**

Good morning! I have been studying Stoicism for some time and started reading Epicurus last year. I find Epicureanism to be better suited to me. I am not terribly well versed yet but love reading and discussing.

I am an atheist and do not believe in gods, spirits, souls (in the religious sense) or superstitions. Most of the time when I read about spirits, gods, souls or whatever in philosophy I like to think that they believed in those things because they lacked the scientific knowledge to know better. But that is just my opinion.... I don't disparage those who believe.

That is probably the best I can say at the moment as I have much studying to do.... 😊