

HISTORICAL REFERENCES TO "PEACE AND SAFETY" - ΕΙΡΗΝΗ ΚΑΙ ΑΣΦΑΛΕΙΑ

Post by "Don" of May 28, 2021 at 7:18 PM

[Quote from Cassius](#)

A similar instance is DeWitt's "sound mind in a sound body" which I think is more likely to be accurate and representative, but which might be an embellishment to imply that it was a formulation that the Epicureans used. It's a pretty obvious concept and the more obvious something is the less likely I think the Epicureans would have considered it something unique to them.

I'll give Dewitt that the Epicureans had that concept: health of the body and the serenity of the soul/mind/psychē (Letter to Menoikeus).