

Epicurean philosophy vs. Stoicism in public popularity

Post by “Don” of March 19, 2021 at 11:14 PM

Welcome to the discussion, [Protonus](#) !

I do believe also that just not many people are aware of Epicureanism as an option.

The Stoic "indifference" and thus dichotomy of control even has antecedents in Epicurus's philosophy. I think it's a Greek thing and not unique to the Stoics.

But I think Epicurus is on sounder footing overall with respect to this and ... Well, everything else, too:

Quote

Letter to Menoikeus (Diogenes Laertius, book X: 127): Remember that what will be is not completely within our control nor completely outside our control, so that we will not completely expect it to happen nor be completely disappointed if it does not happen.

And...

Quote

Vatican Saying 14: We are born only once and cannot be born twice, and must forever live no more. You don't control tomorrow, yet you postpone joy. Life is ruined by putting things off, and each of us dies without truly living. [Emphasis added]

And...

Quote

Vatican Saying 64: The esteem of others is outside our control; we must attend instead to healing ourselves.