

Epicurean philosophy vs. Stoicism in public popularity

Post by “Don” of March 13, 2021 at 11:14 AM

[Quote from Cassius](#)

Anchoring and leaving the discussion at the "Follow pleasure" level guarantees that most people won't give a second thought to taking you seriously.

Additionally, I contend we need to be careful even with the slogan "Follow pleasure" not being caricatured* or cliched into "if it feels good, do it." It easily veers into a Cyrenaic path in people's minds (not that they know who Cyrenaics were). Epicurus did not deal in Platonic ideals, but he did recommend paths that - through observation - would lead to more pleasurable lives overall.