

Episode Sixty - Dreams and the Mind's Use of Images

Post by “Elayne” of March 3, 2021 at 7:37 AM

Besides that, when he explains visualizing (imagination) of an actual type of thing as images re-entering, that whole process relies on memory! If I want to think of a cow, how would I do it without memory of what a cow looks like? And he said that is a process of deciding to see the thing and that image is instantly available. Not that the memory of what a cow looks like comes from inside a storage in the mind!