

What In Your Opinion Are the Most Essential Characteristics Of "Being An Epicurean" (According to Epicurus)?

Post by "Don" of February 15, 2021 at 3:07 PM

I still have issues with the phrasing of "Pleasure is the goal of life." Not the intent of the phrase, but the phrasing! I think that that phrase is open to misunderstanding, misinterpretation, etc. The concept itself is of fundamental importance to Epicurus's philosophy, but I advocate for a different way of phrasing it. "Pleasure is the goal of life" strikes me -- and I'm betting would strike a beginner -- as "If I'm not feeling warm and fuzzy every minute, I'm obviously 'doing it wrong'." Using pleasure and pain "to steer your own little boat" towards the most pleasurable life is the goal.