

# Episode Fifty-Five - Reason Is Dependent On The Senses (Part 2)

Post by "Don" of February 3, 2021 at 7:00 AM

## [Quote from Cassius](#)

Epicurus is saying is not the feelings you list but "this is an affirmation that the goal is NOT set by gods or virtue or idealism or rationalism but by Nature herself through the faculty of feeling."

Agreed. I would even be more specific on saying "... through the faculty of feeling pleasure or pain." The Canon itself is not about emotions, the colloquial connotation of "feeling," but the initial reaction of pleasure or pain (attraction or repulsion) - before you have the chance to "think" about something. The names we give to the emotions are built on that foundation of pain or pleasure "at the speed of thought." I'll address this in response to Elayne's post asap.

I still think Dr. Lisa Feldman Barrett's research has some intriguing applications in this area: e.g., <https://michaelrucker.com/thought-leader...emotion-affect/> Elayne may have touched on some of this.

## [Quote from Cassius](#)

As a philosophy I don't see this as a vacation guide or a cookbook or a relaxation therapy. Instead, it's much more a blueprint for philosophical and moral revolution against the powers of religion and conventional academia.

It has to be both. I agree with your second statement, but I don't think that precludes the first. The "revolution" has to have everyday applications on the beach, in the kitchen, or at the spa (to try and line up your examples 😊 )