

On Unhealthy Social Media Use / If Epicurus Were Alive Today, Would He Use A Smartphone?

Post by "Charles" of January 15, 2021 at 8:35 PM

[Quote from Elayne](#)

Both in terms of anxiety and making decisions based on inaccurate conclusions. I'm sure Epicurus would have comments

"But when one accepts one theory and rejects another, which harmonizes as well with the phenomenon, it is obvious that he altogether leaves the path of scientific inquiry and has recourse to myth." - LtP

"If you reject any single sensation, and fail to distinguish between the conclusion of opinion, as to the appearance awaiting confirmation, and that which is actually given by the sensation or feeling, or each intuitive apprehension of the mind, you will confound all other sensations, as well, with the same groundless opinion, so that you will reject every standard of judgment. And if among the mental images created by your opinion you affirm both that which awaits confirmation, and that which does not, you will not escape error, since you will have preserved the whole cause of doubt in every judgment between what is right and what is wrong." - PD 24

"If on each occasion, instead of referring your actions to the end of nature, you turn to some other, nearer, standard, when you are making a choice or an avoidance, your actions will not be consistent with your principles." - PD 25